

## Product Summary

Sacred frankincense essential oil is distilled from *Boswellia sacra* trees at the Young Living distillery in Oman. This new variety of frankincense is a complement to *Boswellia carteri*—Young Living’s traditional frankincense—and is ideal for special use when a deeper spiritual connection is desired. Omani frankincense is regarded as the world’s rarest, most sought-after aromatic in existence. After careful negotiations with Omani officials, Gary Young was granted permission to build a Young Living distillery in-country and to take the resulting essential oil out of Oman. Until this partnership, no Omani frankincense had ever left the country, unless directly purchased by Saudi royals. Omani frankincense is highly regarded as the frankincense of the ancients and the traditional spiritual oil of biblical times. Young Living’s sacred frankincense marks the first time any Westerners have been able to experience these unique, spiritual properties.

## Primary Benefits

- + Deepens spiritual connection.
- + Supplements the everyday application of *Boswellia carteri*

## Who Should Take Sacred Frankincense?

- + Adults 18 years or older

## Suggested Use

- + *Aromatic:* Diffuse in your TheraPro™ or Aria™ diffuser up to one hour three times daily. Diffuse this oil while practicing yoga, meditation, or prayer to deepen your experience and feel a connection to ancient traditions.
- + *Dietary Supplement:* Put two drops in a capsule. Take three times daily or as needed.
- + *Topical:* Apply 2–4 drops directly to desired area. Dilution not required, except for the most sensitive skin. Use as needed.

## Cautions

- + Possible skin sensitivity. Keep out of reach of children. If pregnant, nursing, taking medication, or have a medical condition, consult a health-care practitioner prior to use.
- + Keep in a cool, dark place.
- + Do not use near fire, flame, heat, or sparks. Do not store at temperatures above 120°F (49°C).



### Supplement Facts

Serving Size: 2 drops  
Servings Per Container: About 125

Amount Per Serving	%DV
Frankincense ( <i>Boswellia sacra</i> )† gum/resin	120 mg **

\*\* Daily Value (DV) not established.

## Did You Know?

- + Sacred frankincense is the first Omani frankincense to be available to those outside of Saudi royals or the privileged of Oman.
- + Gary Young was on site to supervise the building of Young Living’s distillery in Oman.
- + When used during yoga, meditation, or prayer, sacred frankincense can deepen your spiritual experience.

## Complementary Products

- + TheraPro Diffuser
- + Frankincense (*Boswellia carteri*)
- + Common Sense™ essential oil blend

## Key Scientific Studies

- + Schmitt S, Schaefer UF, Doebler L, Reichling J. *Cooperative interaction of monoterpenes and phenylpropanoids on the in vitro human skin permeation of complex composed essential oils.* Planta Med. 2009 Oct; 75(13):1381–5.
- + Monti D, Chentoni P, Burgalassi S, Najarro M, Saettone MF, Boldrini E. *Effect of different terpene-containing essential oils on permeation of estradiol through hairless mouse skin.* Int J Pharm. 2002 Apr 26;237(1–2):209–14.

- + Paul M, Brüning G, Bergmann J, Jauch J. *A Thin-layer Chromatography Method for the Identification of Three Different Olibanum Resins (Boswellia serrata, Boswellia papyrifera and Boswellia carteri, respectively, Boswellia sacra)*. *Phytochem Anal.* 2011 Aug 20. doi: 10.1002/pca.1341.
- + Frank A, Unger M. *Analysis of frankincense from various Boswellia species with inhibitory activity on human drug metabolizing cytochrome P450 enzymes using liquid chromatography mass spectrometry after automated on-line extraction.* *J Chromatogr A.* 2006 Apr 21;1112(1-2):255-62. Epub 2005 Dec 20.
- + Hamm S, Bleton J, Connan J, Tchaplal A. *A chemical investigation by headspace SPME and GC-MS of volatile and semi-volatile terpenes in various olibanum samples.* *Phytochemistry.* 2005 Jun;66(12):1499-514.

## Product Information

- + Sacred Frankincense Essential Oil—15 ml
- + Item No. 3552