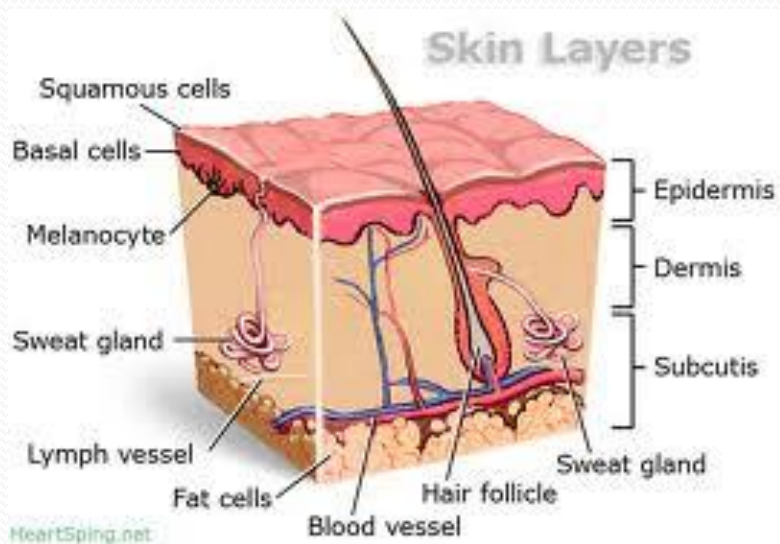


Natural Skin Care

Young Living Essential Oils

What we will learn

- The importance of skin health
- How bacteria and pathogens affect the skin
- What causes inflammation in the skin
- How to support and heal the skin in a natural way
- What role our elimination plays in skin health



- Skin is your largest organ
- Substances absorbed into the bloodstream as quickly as 26 seconds after application - skin patches used for drug delivery
- Skin renews every 4 weeks, up to 50 days as we age
- Body's 1st line of defense against infection, harmful substances and dehydration
- Skin is often the last place our body eliminates toxins
- Provides physical, chemical and biological barriers
- Synthesis of Vitamin D

Skin Imbalances

- Acne
- Eczema
- Psoriasis
- Rosacea
- Aging skin
- Dry/Oily
- Nail fungus

What causes skin imbalances? Often the skin's response to harmful substances is inflammation

- External: Sunburn, environmental toxins (chemicals, fragranced products, metals, bacteria, poisonous plants)
- Internal: diet (gluten, sugars, processed foods) & chemical absorption (cleaning supplies, pharmaceuticals)
- Stress
- Hormones
- Endocrine imbalance
- Dehydration
- Compromised immune function
- Inadequate nutrient uptake
- Slowed digestion and inner toxicity

Sources of Toxin exposure

- Cosmetics (over 8,000 chemicals listed with EPA, only about 2,000 tested for safety)
- Lotions – face & body care (fragrance & synthetic plant oils)
- Liquid soaps – Triclosan, fillers, artificial color & fragrance
- Deodorants (aluminum)
- Mineral oil (petroleum products)
- Shampoos: Sodium Laurel Sulfate, DEHP

What is Natural Skin Care?

- Organic
- Pure
- No Chemicals
- No fillers or unknown ingredients
- No nano-particles
- No artificial “fragrance”
- Supports skin health
- Young Living essential oils and oil infused products

Young Living: Steward of Nature's Living Energy

- Young Livings Seed to Seal Commitment: Plants, Preparation, Purity & Potency
- Personal Care products combined with Pure, Potent essential oils that support skin health
- Essential oils break down sebum and petrochemicals to truly clean and purify the skin and body.
- Facial Care
- Body Care
- Shampoos/Conditioners
- Vitamins & Supplements with pure ingredients

ART Skin Care System



Receive a free Purifying Toner when you purchase the ART system on Essential Rewards. \$122 vs. \$161

Customized Skin Care

You choose the cleanser, toner, moisturizer to meet your needs



Cleanse

Young & sensitive skin: Orange Blossom Face Wash, ART

Acne: Melaleuca-Geranium Bar Soap

Renewing: Satin Facial Scrub

Normal: ART



Tone

Normal & sensitive : ART toner, Aloe vera (not gel – Aubrey recommended) or Witch hazel with choice of added essential oil

Acne: witch hazel or aloe vera with melaleuca alternifolia or frankincense

Mature/Dry, All Skin Types: frankincense essential oil



Hydrate & Protect



Hand & Body lotion
p. 76-77

- Boswellia Wrinkle Cream p.74
- Wolfberry eye cream p. 75
- Sandalwood moisture cream p. 75
- Sensation hand & body lotion p. 75
- Rose Ointment p. 75
- Animal Scents ointment p. 84
- Essential Oils: frankincense, myrrh, sandalwood



Essential Beauty Serums
p. 74

Personal Care

Deodorants - No Aluminum!



Shampoos - No Sodium Lauryl Sulfates!



Shower & Bath Gel - No artificial fragrance or SLS's

Lotions - No mineral oil or petroleum products



Renew from the Inside Out

Skin Sea salt scrub & bath draws out internal toxins,
Lemon essential oil

Digestive Health

- Sulfurzyme (pg 60) (supports skin, hair & joint health)
- Detoxzyme (p.58)
- Life 5 (p.49) (healthy immune system)
- Core Supplements (pg 50) (nutrients, antioxidants & essential fatty acids)

Overall Health

- Longevity, Drink Citrus water, Ningxia Red, eat plenty of raw fruits & veggies



Options to Purchase

Wholesale: Save 24% off of retail

1. **Start Living Kit (\$40)**
 - includes coupon for \$40 off a diffuser
 - 5 ml lavender & 5ml peppermint oil
 - 3 packets of Ningxia Red
 - Product catalog
 - Product DVD's
 - Lifetime, wholesale pricing, no annual fee!



2. **Start Living with Everyday Oils**
3. **Start Living with Thieves**
4. **Start Living with Core Essentials Complete**
5. **Start Living with Ningxia Red**



**These
include
the \$40
Kit!**

•No monthly minimums! Order \$50 in a calendar year to continue getting wholesale pricing.

Retail

Essential Rewards



Essential Rewards *Wholesale Option*

- commit to 50PV per month
- Earn 10% back in products months 1-6
- 15% back in products months 7-12
- 20% back in products after 13 consecutive months in the program
- Redeem your products after 2 months of participation
- Optional program, begin or cancel anytime, start back at 10% if program is stopped
- Get reduced shipping costs and priority stocking!