



Pure Home and Body

100 Uses of Thieves

ANTI-MICROBIAL THIEVES ESSENTIAL OIL BLEND

1. Acne - Apply to pimples undiluted.
2. Airports - Carry a bottle on every flight to protect you from germs.
3. Allergies - Inhale for relief of allergy symptoms.
4. Arthritis - Rub diluted oil on sore joints to relieve arthritis pain.
5. Bathtubs - Mix with baking soda to clean bathtubs.
6. Bee stings - Apply 1 drop to bee and wasp stings to neutralize the toxins and relieve pain.
7. Broken bones- Apply diluted with V-6 oil to broken bones or joints to hasten healing.
8. Bronchitis - Apply 1-2 drops diluted with V-6 oil directly to the upper chest & throat.
9. Cars – Place a drop under the front seat to freshen car interior.
10. Carpets - Put a few drops in your carpet steamer to disinfect carpeting.
11. Classroom - Diffuse in the classroom to keep students healthy and stop the spread of germs.
12. Colds - Drink a drop in water or juice every three hours to stop a cold.
13. Colds & flu - Put 1-2 drops on the soles of adult feet to protect from colds & flu.
14. Cold sores - Put a drop on cold sores to make speed healing.
15. Concentration -Diffuse in the office to increase concentration and work efficiency.
16. Coughs - Mix a drop with a teaspoon of honey or agave nectar for cough relief.
17. Dishwasher - Add 2 drops to your dishwasher for cleaner dishes.
18. Floors - Add 2-3 drops to your mop water for cleaner floors.
19. Fungus - Apply undiluted to the toes and feet to combat fungus.
20. Germs, Airborne - Diffuse in home/office to keep the germ count down.
21. Gum disease - Apply 1 drop to gums to prevent and treat gum disease.
22. Headache - Put a drop on your thumb and apply to the roof of your mouth for quick relief.
23. Healthy teeth - Apply orally to maintain healthy teeth and reduce cavities.
24. Herpes virus - Place a drop on the tongue every day during an outbreak.
25. Home fragrance - Diffuse in your house to freshen and purify the air.
26. Hotels –Place a drop on a cotton ball and place near the heat vents to cleanse room.
27. Immunity – Dilute and rub 1 drop on bottoms of children’s feet for protection before school.
28. Insect repellent - Mix with water to make a spray to repel insects on your plants.
29. Laryngitis - put a drop under tongue to restore voice.
30. Laundry - Add 3-5 drops to your laundry soap for cleaner clothes and to disinfect without bleach.
31. Longevity - Put 2 drops in a capsule and swallow as a supplement.
32. Lyme disease - Take a capsule filled with 2 drops every day for relief of symptoms.
33. Lung congestion - Breathe in vapors to relax bronchial passages.
34. Mold - Diffuse in homes or businesses to solve mold problems.
35. Office air - Diffuse in home or office to remove odors.
36. Office germs - Diffuse in your place of business to ward off the germs.
37. Pet cages - Use to clean pet cages, creating a healthier environment for them.
38. Pet care - Apply a drop on a wound of a cat or dog to clear it up.
39. Phlegm - Add 1 drop to orange juice and drink to reduce phlegm and congestion.
40. Poison Ivy - Apply to poison ivy rashes (dilute with vegetable oil to relieve the itch).
41. Shingles -Mix 50:50 with vegetable oil and rub on daily for relief of shingles.



42. Sinus headache - Breathe and apply diluted for sinus headaches.
43. Smoking - Put on the tip of your tongue to help you stop smoking.
44. Sore throat - Mix with a tablespoon of water, gargle & swallow to stop a sore throat.
45. Sticker removal - Use to dissolve the gummy adhesive on price labels.
46. Tea - Put a drop in your cup of tea for flavor and to maintain health.
47. Toilet bowls - Put 2-3 drops into bowl to disinfect, let this sit 15 minutes before flushing.
48. Toothaches - Apply to gums and teeth for pain relief from toothaches.
49. Warts - Apply topically, inhale and take in capsules to make them disappear.
50. Wounds - Apply to cuts or scrapes for adults to prevent infection and promote healing.

ANTIMICROBIAL THIEVES HOUSEHOLD CLEANER

51. Bathrooms - Use for bathrooms and toilets to sanitize and freshen.
52. Carpet Cleaner - Add to your carpet cleaner to disinfect the carpet.
53. Cars - Clean the upholstery and dashboard of your car.
54. Classrooms - Use in school classrooms to cut down on student sickness.
55. Hands - Apply to hands to remove stubborn, sticky substances.
56. Kitchen - Use to cut grease on kitchen counters/stovetops.
57. Kitchen - Soak off burnt food in pots and skillets.
58. Mold - Use undiluted to clean and kill mold on walls & floors.
59. Pest control - Squirt along ant trails in house to keep them out.
60. Produce wash - Use to wash fruits and vegetables from supermarket.
61. Stain removal - For bad stains, pour it on as a pre-wash remover.
62. Surface Prep -Scrub old floors to remove old varnish and prepare for refinishing.
63. Upholstery - Clean upholstery in your living room.
64. Vacuum - Add to water in your vacuum cleaner to cleanse air.

ANTIMICROBIAL THIEVES LOZENGES

65. Take with the first sniffle and signs of a cold or sore throat.
66. Take prior to singing performances to keep the voice strong.
67. Use to hasten healing when a cold or flu has been contracted.
68. Keep a box in church to have available for the choir.
69. Suck on one as you enter an airplane to protect you from germs.

ANTIMICROBIAL THIEVES MOUTHWASH

70. Rinse daily for clean breath, teeth, and gums.
71. Gargle before a singing engagement to clear mucus.
72. Use as a waterless hand sanitizer.
73. Rub on hands to make them soft, fresh and smooth.
74. Apply to face to clear acne.

ANTIMICROBIAL THIEVES BAR SOAP

75. Rub on stains as a pre-wash stain remover.
76. Use as a deodorant or antibacterial hand soap.



USES FOR ANTIMICROBIAL THIEVES SPRAY

77. Airplanes - Spray in restrooms on airplanes to reduce airport bacteria.
78. Athletes foot – spray directly onto feet to fight against fungus.
79. Bedroom - Spray on bedding at home and in hotels to sanitize.
80. Classroom- Use in the classroom for desks, tables and other items handled by children.
81. Gym - Take to gym and spray all the equipment you use.
82. Hands - Spray hands before and after shaking hands with a lot of people.
83. Home fragrance -Use as an air freshener for cooking odors or other unwanted smells.
84. Lost voice - Spray in throat to restore a lost voice.
85. Mold - Spray on shower stalls and bathroom walls to kill and remove mold.
86. Public restrooms - Spray on doorknobs and faucets to kill germs.
87. Sore throat - Spray in your mouth and throat to stop a cold or bronchitis.
88. Supermarket -Disinfect shopping cart handles.
89. Travel - Carry for protection in countries with cholera, malaria or dysentery.

THIEVES DENTAROME ANTIMICROBIAL TOOTHPASTE

90. Damaged teeth - Use when teeth have been damaged or broken to help them heal.
91. Deodorant - Apply as an underarm deodorant.
92. Gum disease - Use to prevent or heal gum disease.
93. Tooth brushing -Brush every day to prevent cavities and gum disease.

USES FOR ANTIMICROBIAL THIEVES WIPES

94. Wipe doorknobs and other things touched by the public.
95. Wipe dirty piano keys to clean and disinfect them.
96. Use to clean children's hands when traveling.
97. Use on the steering wheel and gearshift of any vehicle.
98. Use on public telephones to remove germs.
99. Use on public computer keyboards and mouse.

ANTIBIOTIC BLEND

100. Combine 2 drops of Thieves essential oil blend with 2 drops of Oregano, and 2 drops of Frankincense in a gel capsule for the plague and other serious infections, and swallow.

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